



ManaKidz

National
Hauora Coalition



COVID-19 Level 2 update for schools

Kia ora,

This is just a short message to let you know that Mana Kidz will be back providing our full school based health services in Level 2. The clinic staff will work with you to ensure things run smoothly. We will return to working on-site in schools on May 18, 2020 so that tamariki and whānau can access the Mana Kidz service. We will have appropriate Personal Protective Equipment (PPE) to ensure we provide a safe service. We will continue to offer remote support to allow whānau who are not at school to access the Mana Kidz service. We ask that whānau text or phone their clinic if they are concerned for an unwell child who is not at school. Alternatively if whānau phone the school reporting an unwell child, we ask that this is passed on to the school health team, and whānau given the option to call the school who can record sick students and communicate the need for assistance to the school nurse.

As we return to our full service, we will also be resuming class checks. These are key as they help us detect students who are at risk of developing Rheumatic Fever (RF). Over the time period of COVID-19 there have been 4 tamariki admitted to hospital with RF. These whānau reside in our communities. Resuming clinic activity within schools and continuing with class checks will help us to reduce and eliminate this from happening as much as possible. Class checks will resume May 25, 2020. This gives students and teachers time to settle back into the school routine. We encourage referrals to continue as per normal. It is important we continue to work and minimise any rise in rheumatic fever.

Mana Kidz can help with:

- Sore throats
- Skin health concerns, like eczema or infections
- Headlice
- Asthma or breathing concerns
- Immunisation support
- Ear and vision health concerns
- Any other health concern a child may have

COVID-19 Symptoms

If there are concerns that children have symptoms consistent with COVID-19 then whānau should be advised that their child will need to stay at home. They will need to be tested for COVID-19 at a Community Based Assessment and testing centre (some of these are now mobile) or at their GP. The Mana Kidz team will not be undertaking COVID-19 swabbing.



If you are concerned for a child who is unwell please advise caregivers to keep their child at home and phone or text the nurse or their GP. Alternatively they can contact the dedicated Healthline number **0800 358 5453**

If you have any questions about the Mana Kids service please contact your clinical team in the first instance, or contact us at **Mana Kidz Hub 027 567 5241**

We will continue sending regular emails to update any changes to the Mana Kidz programme. For NZ wide updates and information please see <https://covid19.govt.nz/>

Please see the attached newsletter for whānau for you distribute in the community.

PROTECT YOURSELF AND OTHERS FROM COVID-19

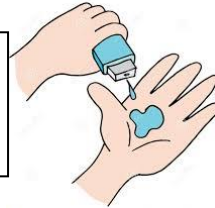


Cover coughs and sneezes

Don't forget to clean and disinfect frequently touched surfaces and objects, like doorknobs

Remind children to clean their hands each time you see them or between tasks/classes

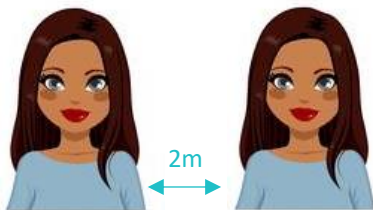
Clean your hands (for 20 seconds!) with soap and hot water or hand sanitiser



Stay home if you are unwell with a runny nose, cough or sore throat, have a fever or have been in close contact with someone being tested for COVID-19

Anyone with a high temp, cough, runny nose or trouble breathing should be advised to go home

Advise caregivers to keep children at home if they are unwell with cough, runny nose, sore throat or fever. If a child has a sore throat please contact the Mana Kidz team for sore throat management



Physically distancing when possible in meetings or gatherings (sitting further apart = less chance of breathing in droplets of someone sneezing and/or coughing)

It's best not to shake hands, kiss hello or hongis for now



Anyone feeling unwell should ring Healthline on the dedicated COVID-19 number: **0800 358 5453** or ring their GP and they'll be advised what to do.



It is normal to feel stressed or anxious in these situations. For support you can call or text **1737** to talk with a trained counsellor for free, 24 hours a day, 7 days a week

Local COVID-19 testing centres

Location	Centre Name, Address and Opening Hours	Referral Process
SOUTH	Local Doctors Airport Oaks 149a Kirkbride Road, Mangere Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
	The Whanāu Ora Community Clinic 25 Druces Road, Wiri, Auckland. Open 8 am - 4pm, 7 days	No referrals after 3pm Walk-ins accepted
	South Seas Healthcare, Otara 14 Fair Mall Shop 9-12 Otara, Auckland 2023 Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
WEST	Henderson Specialist Centre 131 Lincoln Rd, Henderson Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
	Whānau House Waipareira Trust Henderson 6-8 Pioneer Street, Henderson Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
CENTRAL	White Cross St Lukes Urgent Care Clinic 52 St Lukes Road, Mount Albert Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
	Langimalie Health Centre Panmure 161 Queens Road, Panmure Car Park Entrance – Domain Road Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted
EAST	Spectrum House 292a Botany Road, Howick Open 8am – 4pm, 7 days	No referrals after 3pm Walk-ins accepted They only provide swabbing and if patients need assessment, please refer to: East Care Accident & Medical, 260 Botany Road, Golflands, Auckland 2013
NORTH	Shorecare Northcross 948 East Coast Rd, Northcross Open 8am – 4pm, 7 days	No referrals after 3pm Patients to call and book an appointment. NO WALK-INS ACCEPTED 021 256 6321

Anyone feeling unwell should stay home and ring Healthline on the dedicated COVID-19 number: **0800 358 5453** or ring their GP or closest testing centre and they'll be advised what to do.

If you have any questions contact your school health team